

Yoga Lesson Plan

FAT GIRL YOGA

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4424 Broadway Ave.

Louisville, Ohio 44641



Agreement Start Date _____

Agreement to Yoga Instruction Services to _____

PACKAGES	
<p><u>Private Yoga / Meditation Lessons</u></p> <p>\$20 per lesson</p> <hr/> <p>Client Initials</p>	<ul style="list-style-type: none"> ~ You will be guided through one of my pre-made lesson plans. ~ I provide: mats, towels, chairs, water, blocks, balls, music, essential oil fragrances all in a temperature controlled room. ~ Lessons are one hour long. ~ You will receive: <ul style="list-style-type: none"> o A yoga towel o A FAT GIRL YOGA T-Shirt (one per customer at first lesson) <p>Purchasing Options:</p> <ul style="list-style-type: none"> ~ Buy 3 lessons up front = \$55 ~ Buy 6 lessons up front = \$100
<p><u>Group Chair Yoga Classes</u></p> <hr/> <p>\$35 per session</p>	<ul style="list-style-type: none"> ~ I provide: <ul style="list-style-type: none"> o Bottled water o Instruction Hand-Outs o Tranquil Music o Yoga Towels for extra comfort ~ Your facility provides the chairs. ~ No specifications. I work with what you have for seating.

This Yoga Instruction Services Agreement is issued pursuant to the Consultant Services Master Agreement between said client listed above and FAT GIRL YOGA (“Contractor”), effective date listed at beginning of document (the “Agreement”). This Yoga Instruction Services Agreement is subject to the terms and conditions contained in the Agreement between the parties and is made a part thereof. Any term not otherwise defined herein shall have the meaning specified in the Agreement. In the event of any conflict or inconsistency between the terms of this Yoga Instruction Services Agreement and the terms of this Agreement, the terms of this Agreement shall govern and prevail.

This Yoga Instruction Services Agreement, effective as of date signed by both parties, is entered into by and between Contractor and Client, and is subject to the terms and conditions specified below. The Exhibit(s) to this Agreement, if any, shall be deemed to be a part hereof. In the event of any inconsistencies between the terms of the body of this Agreement and the terms of the Exhibit(s) hereto, the terms of the body of this Agreement shall prevail.

Period of Performance

Packages of multiple lessons paid for in advance: lessons must be completed within one calendar year from the date of this agreement.

Payment Terms and Conditions

Cash, Personal Check, Visa, MasterCard accepted.

Checks made payable to: FAT GIRL YOGA

Returned checks and card payments will result in a \$40.00 fee;

cancellation of all future appointments; inability to return for future lessons. In the event of a NSF payment you (the client) will be liable for: the amount of the check, the \$40 fee, an additional \$5 fee added per month for 3 months if obligation goes unresolved, an additional \$10 fee added to report to your credit bureaus if obligation goes unresolved.

Appointment Scheduling & Cancellation Terms

All appointments must be scheduled no less than **48 hours** in advance.

Must cancel an appointment at least **24 hours** in advance.

Failure to cancel an appointment in advance forfeits all future appointments and payments made towards those appointments.

I CONTACT YOU WITH A REMINDER 24 HOURS PRIOR TO YOUR APPOINTMENT.

ACCIDENT WAIVER AND RELEASE OF LIABILITY FORM

Tracey Phillips (dba FAT GIRL YOGA) will not be held liable for any/all injuries suffered from participation in yoga and/or meditation lessons.

This waiver covers all classes attended from this point forward and any private practice of lessons conducted on participants own outside of class. This waiver also covers all use and handling of hand-made up-cycled products from this point forward.

For yoga lessons at off-site locations: N/A _____

This waiver releases (said facility) _____ of
(location) _____
from all said terms stated above.

By signing this sheet, you, the participant, understand and agree to the statements above. For participants in group classes, an authorized representative of the facility must sign on their behalf.

Signature of Participant or Representative on Behalf of Facility Date

Name Above – PLEASE PRINT Phone Number